



## MARCH NEWSLETTER

# “SPRING INTO ACTION!”

### ETIQUETTE

- BOW WHEN YOU ENTER AND EXIT THE ACADEMY (BOWING SHOWS RESPECT AND HUMILITY).
- REMOVE SHOES BEFORE STEPPING ON TO THE MAIN MAT AREA.
- BOW TO GREET INSTRUCTORS.
- ADDRESS INSTRUCTORS BY THEIR PROPER TITLE: LO SI, SIFU, SIHING, SIJEH
- ALWAYS BOW AND USE BOTH HANDS WHEN RECEIVING PROMOTIONS OR HANDING OVER CLASS CARDS.

### CLASS EXPECTATIONS

- BE ON TIME FOR CLASS. IF POSSIBLE ARRIVE 10 MINUTES EARLIER TO STRETCH AND MENTALLY PREPARE FOR TRAINING.
- WARM UP QUIETLY AND BE CONSIDERATE OF STUDENTS IN PRIVATE LESSONS.
- COMPLETE ATTENTION AND FOCUS MUST BE GIVEN WHILE INSTRUCTOR IS TALKING OR DEMONSTRATING.
- RAISE YOUR HAND IF YOU HAVE A QUESTION.
- SOCIALIZE BEFORE AND AFTER CLASS, NOT DURING THE CLASS.

### REMINDERS

- LABEL CLOTHING, BACKPACK, GEAR, WATER BOTTLE.
- WEAR A WHITE, BLACK OR RED T-SHIRT UNDER UNIFORM FOR ADDITIONAL WARMTH. DO NOT WEAR OFF COLOR T-SHIRTS.
- TIE LONG HAIR BACK AWAY FROM FACE.
- REMOVE ALL LOOSE JEWELRY FOR SAFETY REASONS AND TO PREVENT ANY DAMAGE.

## SPECIAL EVENT THIS MONTH

Lion Dance/Demo Session

Get ready to perform in upcoming events.

Come with a partner or solo!

SESSION: Saturday, March 11 - May 20, 2023

DAY: Saturdays

TIME: 3:00 pm - 4:30 pm

WHO: Students 10 years and older

COST: Free

REGISTER: Email: [sifu\\_lengyel@concordkungfu.com](mailto:sifu_lengyel@concordkungfu.com)

or sign up at the academy.

## Birthdays

Ethan Mc.	6
Sophie T.	6
Connor B.	8
Aayan D.	8
Alkaios M.	8
Arianna Y.	9
Alex S.	12
London L.	28

## Promotions

### White Tiger

Violeta A. - 3 <sup>rd</sup> Stripe
Loic B. - 2 <sup>nd</sup> Stripe
Margot C. - 2 <sup>nd</sup> Stripe
Weston F. - 3 <sup>rd</sup> Stripe
Mateo G. - 1 <sup>st</sup> Stripe
Ollie L. - 1 <sup>st</sup> Stripe
Jalen T. - 1 <sup>st</sup> Stripe

### Gold Tiger

Niranjan B. - 1 <sup>st</sup> Stripe
Zeno C. - 2 <sup>nd</sup> Stripe
Maven C. - 3 <sup>rd</sup> Stripe
Saia D. - 2 <sup>nd</sup> Stripe
Taylor H. - 1 <sup>st</sup> Stripe
Norrin W. - 1 <sup>st</sup> Stripe

### Purple Tiger

Jeremy G.

### Red Sash

Jayden D. - 2 <sup>nd</sup> Stripe
Isaac G. - 1 <sup>st</sup> Stripe
Dawn L. - 1 <sup>st</sup> Stripe
Dayton L. - 1 <sup>st</sup> Stripe
Alex Mc. - 2 <sup>nd</sup> Stripe
Athina M. - 4 <sup>th</sup> Stripe
Yonathan Y. - 1 <sup>st</sup> Stripe

### White Fringe

Deependra B. - 1 <sup>st</sup> Stripe
Connor B. - 2 <sup>nd</sup> Stripe
Kavish G.
Adrian H.
Alasdair L. - 1 <sup>st</sup> Stripe
Ethan P. - 1 <sup>st</sup> Stripe
Jacob P. - 2 <sup>nd</sup> Stripe
Quincy P. - 1 <sup>st</sup> Stripe
Tanweer S. - 1 <sup>st</sup> Stripe
Aria T.
Sophie T. - 1 <sup>st</sup> Stripe
Parker W. - 2 <sup>nd</sup> Stripe
Nico Y. - 1 <sup>st</sup> Stripe

### Yellow Fringe

Bianca M. - 3<sup>rd</sup> Stripe

### Gold Fringe

Austin H. - 4 <sup>th</sup> Stripe
Truman W. - 3 <sup>rd</sup> Stripe

### Green Fringe

Emerson V. - 2<sup>nd</sup> Stripe

### Purple Fringe

Liam R. - 4<sup>th</sup> Stripe

### Brown Fringe

Michelle K. - 2<sup>nd</sup> Stripe



## Dates to Remember

March 11 - May 20

Lion Dance/Demo Session starts

March 12 - Daylight Savings Time

March 19 - Formal Test

SU	M	T	W	TH	F	S
<b>M</b>	<b>A</b>	<b>R</b>	<b>C</b>	<b>H</b>		
			1	2	3	4
5	6	7	8	9	10	<b>11</b>
<b>12</b>	13	14	15	16	17	18
<b>19</b>	20	21	22	23	24	25
26	27	28	29	30	31	