



# November 2022 Newsletter

*- Make it a habit to tell people thank you. -*

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## LET US GIVE THANKS

You can never be too thankful throughout the year. However, November has the holiday of Thanksgiving. All of us at CKFA want to give extra thanks to all the students and parents for their consistent support and good will shown to us.



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## WU DE

Part of training in the martial arts is practicing “Wu De,” martial arts ethics and moral conduct. In today’s society, “If you can accept those whose views differ from yours, your days will flow more easily. If you keep wanting to change them, it will be very painful for you. It is more correct to learn to accept and embrace them. That is the perspective of a successful person.” - Grandmaster Doc-Fai Wong

Enjoy your time with you family and loved ones during the Thanksgiving holiday!

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## Birthdays

Malia P. 7  
 Parker W. 12  
 Garrett B. 15  
 Judith S. 16  
 Jason E. 17  
 Elliana A. 23  
 Tanweer S. 26  
 Jacob P. 26

## Promotions

### White Tiger

Violeta A. - 1<sup>st</sup> Stripe  
 Mathias C. - 1<sup>st</sup> Stripe  
 Aayan D. - 3<sup>rd</sup> Stripe  
 Saia D. - 3<sup>rd</sup> Stripe  
 Weston F. - 1<sup>st</sup> Stripe  
 Jayce R. - 1<sup>st</sup> Stripe  
 Sage S. - 4<sup>th</sup> Stripe  
 Caiden S. - 4<sup>th</sup> Stripe

### Gold Tiger

Maven C.  
 Emma O. - 3<sup>rd</sup> Stripe

### Red Sash

Margarita A. - 1<sup>st</sup> Stripe  
 Deependra B. - 4<sup>th</sup> Stripe  
 Luc B. - 4<sup>th</sup> Stripe  
 Connor B. - 4<sup>th</sup> Stripe  
 Jayden D. - 1<sup>st</sup> Stripe  
 Alasdair L. - 4<sup>th</sup> Stripe  
 London L. - 4<sup>th</sup> Stripe  
 Quincy P. - 3<sup>rd</sup> Stripe  
 Marcus T. - 3<sup>rd</sup> Stripe  
 Nico Y. - 2<sup>nd</sup> Stripe

### White Fringe

Elliana A.  
 Jood A. - 3<sup>rd</sup> Stripe  
 Jacob P. 1<sup>st</sup> Stripe  
 Arianna Y.

### Yellow Fringe

Brent C. - 1<sup>st</sup> Stripe  
 Matthew H. - 2<sup>nd</sup> Stripe  
 Bianca M.  
 Bret M. - 2<sup>nd</sup> Stripe

### Gold Fringe

Ethan Mc. - 2<sup>nd</sup> Stripe  
 Truman W. - 1<sup>st</sup> Stripe

### Orange Fringe

Jayden A. - 2<sup>nd</sup> Stripe

### Purple Fringe

Dimitri B. - 2<sup>nd</sup> Stripe

MARK YOUR CALENDAR



**CLOSED** for the holiday

**Nov. 24, 25, 26**

**Happy Thanksgiving!**

**Enjoy the time with your family**

N	O	V				
SU	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	<b>24</b>	<b>25</b>	<b>26</b>
27	28	29	30			



## WINTER BREAK

*The Academy will be closed*

*December 23, 2022 through January 2, 2023.*

*Make sure to reschedule your private lesson(s) if you have one.*

